

ITM 25 Athlete Information

Hi all – Please find info attached regarding ITM25 Saturday 22nd February. Some emails have previously bounced back so please spread amongst your athletes, training squads etc

Meet Hotel – for those staying at the meet hotel – it is called the Canterbury Cancer Centre and located at **74 Langdons Road, Papanui, Christchurch 8053**. Just report to the office on arrival and they will have your room allocation. We have arranged airport pickup for many of you but with so many arriving if there is no one there within ½ hour please make your own way there. We have had a couple of cancellations so do have some limited beds (twin share) available – if you are interested then please contact me asap as need to confirm numbers by tomorrow. If you haven't already given us your arrival (and departure times) please do so asap so we can fit you in the schedule – craig@internationaltrackmeet.co.nz

Training pre-Comp – there is training available at the meet venue – Nga Puna Wai Sports Hub (NPW), Augustine Drive, Wigram from after 3.30pm each day. There are several school events on this week during the day so **only after 3.30pm** please. All long throws must be done on the training area out the back. By all means check out the circles on the main field but no throwing in the competition arena (until Saturday!).

Attached is a map of NPW. We will have final copies of the programme available at the TIC when you report in and pick up your race bibs. For those not familiar with Nga Puna Wai the TIC is located on the ground floor directly adjacent to the usual 100m finish just along from the grand stand. All athletes will need to wear both bibs front and back (except for the High Jumpers of course). See map for details. There is also a separate gate indicated on the map **Gate B** where athletes and your accredited coach may enter (no entry charge for the coach at this gate!). This will bring you past the warmup area and you will be directed to the “Marshmallow” which will be our athlete area and call room for the meet. Start lists are available on our ITM Facebook page [Facebook](#) and this is also where details of Live Results and Live streaming will be published towards the end of the week. We ask that you please share these far and wide utilising your own social media platforms.

As above the call room will be located in the large white building located in the warm-up area over by the standard 1500m start. Final reporting times for the call room will be 45 minutes before for hurdles (to allow warm-up on the track), 20 minutes before your event for track and 40 minutes for field. Those going to track events will head out to the track ready to race so do not bring phones into the call room. Field event competitors will not have phones confiscated but they have to be turned off and inside your bags or you risk receiving a yellow card! Athletes may also use the High Performance Throws area (the 'marshmallow') for warm-up storage of gear, getting out of the wind etc. A reminder that all shoes will be checked to ensure they meet current regulations. Please also read the technical regulations which are attached.

Any athlete bringing a personal throwing implement to be measured needs to bring it to the equipment shed either on Friday afternoon or by 10am Saturday in order to allow enough time for checking. This is particularly important for the hammer throwers!

We couldn't do the meet without our sponsors and there will be sponsor's tents around the ground - please do take the time to thank them and also our wonderful officials. If you do finish top 3 in an event please stay together at the completion as we will try and get the awards done as soon as

possible post event. We will also try and introduce those placegetters to their event sponsors who may well share their refreshments with you. There will also be a media zone near the 100m finish where various media will be based - all athletes will be brought off the track via that area so please answer any questions etc that may be asked.

Multiple events

For those doing more than one event, the officials are aware of which athletes you are. While every effort will be made to ensure you can get to each of your events, and to reduce the time overlap of clashes, we do want to avoid anyone moving across the field of play (especially with two long throws in action). Please follow the instructions of our officials at all times.

Distance events

A pacemaker has been arranged in each of the distance events as follows:

Men's C 800m – Alex Kelliher – 58s through 400m and on to 500m

Men's B 800m – Cooper Wightman – 56s through 400m and on to 450/500m

Men's A 800m – Jordan Veitch – 53.0s through 400m and on to 450/500m

Women's B 800m – Isabel Prescott – 66/7s through 400m and on to 500m

Women's A 800m – Isla Tilbury – 60.5s through 400 and on to 450/500m

Long Jump

Unfortunately, we were oversubscribed for long jump and so those athletes (male and female) who did not make the final cut have been labelled in the entry list as Flight 2. We have arranged a long jump competition for these athletes at 11am at the long jump pit in the back field warm-up area. If this does not suit please let me know by separate email.

High Jump Progressions

Women - 63/68/73/77/81/84/87/90...

Men - 91/96/2.01/6/11/15/19/23...

Craig Motley

Athlete director

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Timed programme

1230	International Track & Field Trust Men's & Women's Hammer
1315	Bothy Events Women's Long Jump
1330	1 Group Web Design Men's 110m Hurdles
1332	Pub Charity Para Shot Put
1340	Insight Management Women's 100m Hurdles
1342	Mainland Foundation Women's High Jump
1347	International Track & Field Trust Boys 4 x 100m Relays (10-11yo)
1353	International Track & Field Trust Girls 4 x 100m Relays (10-11yo)
1359	Christchurch City Council Women's 60m
1404	Mainland Foundation Men's 60m
1408	Pub Charity Women's Shot Put
1410	Newstalk ZB Men's Triple Jump
1409	Athletics NZ Women's U20 Mile (NZ Championship)
1416	Athletics NZ Men's U20 Mile (NZ Championship)
1423	Raelene Rees Accounting Men's 800m C
1430	Raelene Rees Accounting Women's 800m B
1436	Raelene Rees Accounting Men's 800m B
1439	Spectrum Print Men's Discus
1442	International Track & Field Trust Boys 4 x 100m Relays (12-13yo)
1448	International Track & Field Trust Girls 4 x 100m Relays (12-13yo)
1455	Christchurch City Council Women's 100m C
1500	Christchurch City Council Women's 100m B
1505	Mainland Foundation Men's 100m B
1510	Christchurch City Council Women's 100m A
1515	Mainland Foundation Men's 100m A
1520	REPRESENT Footwear Men's High Jump
1530	Newstalk ZB Men's Long Jump
1529	Raelene Rees Accounting Women's 800m
1535	Raelene Rees Accounting Men's 800m
1543	Athletics Canterbury Sec School Boys 4 x 100m
1551	Athletics Canterbury Sec School Girls 4 x 100m
1545	Pub Charity Men's Shot Put
1550	BREMCA Women's Triple Jump
1555	Spectrum Print Women's Discus
1607	Lion Foundation Men's B 200m
1601	Jeuneora Women's C 200m
1613	Jeuneora Women's B 200m
1619	Lion Foundation Men's 200m
1625	Jeuneora Women's 200m



TIC

Call Room

Athlete Entry B

A Spectator Entry

and Coach